

Alexander Waits (衛雅樂)



Contact Information

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Current Position

Assistant Professor, Institute of Public Health

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Academic Degrees

PhD in Public Health, National Yang-Ming University, Taiwan

MSc in Public Health, National Yang-Ming University, Taiwan

BA in Psychology, Hebrew University of Jerusalem, Israel

Experience

Post-doctoral research fellow. National Health Research Institutes, National Institute of Environmental Health Science, Taiwan

Research assistant. National Yang-Ming University, International Health program, Taiwan

Group and individual psychotherapist, case manager. Expressive arts therapy center for children with special needs, Israel

Care giver. Residential treatment programs for children with special needs and maltreated children awaiting adoption, Israel

Research Interests

Maternal and child health, environmental health, mental health, traditional Chinese medicine

Selected Publications

Waits, A., Chen, H. C., Kuo, P. L., Huang, H. B., Liao, K. W., Jaakkola, J. & Huang, P. C. (2020).
Urinary Phthalate Metabolites are Associated with Biomarkers of DNA Damage and Lipid

Peroxidation in Pregnant Women – Tainan Birth Cohort Study (TBCS). *Environmental Research*, 109863.

Waits, A., Guo, C. Y., Chang, Y. S., & Chien, L. Y. (2020). Dose-Response Relationships between Breastfeeding and Postpartum Weight Retention Differ by Pre-Pregnancy Body-Mass Index in Taiwanese Women. *Nutrients*, 12(4), 1065.

Waits, A., Tang, Y. R., Cheng, H. M., Tai, C. J. & Chien, L. Y. (2018). Acupressure effect on sleep quality: a systematic review and meta-analysis. *Sleep Medicine Reviews*, 37, 24-34.

Waits, A., Guo, C. Y., & Chien, L. Y. (2018). Evaluation of factors contributing to the decline in exclusive breastfeeding at 6 months postpartum: The 2011-2016 National Surveys in Taiwan. *Birth*, 45(2), 184-192.